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## Mark Your Calendar (February - March)

- ✓ **Sunday, February 14<sup>th</sup> – Youth Annual @ Rising Star Baptist Church**  
Service will be held from 3:30 pm – 5:30 pm. Pastor "O" will be the guest speaker.
- ✓ **Sunday, February 21<sup>st</sup> – Deacon & Deaconess Annual**  
Service will begin @ 3:30 pm. Guest preacher will be Rev. T. L. Garner of Weeping Willow Baptist Church in McDade, TX.
- ✓ **Saturday, February 27<sup>th</sup> – Black History Program**  
The program will begin @ 5:00 pm.
- ✓ **Sunday, February 28<sup>th</sup> – Black History & Old Fashion Day Program**
- ✓ **Sunday, February 28<sup>th</sup> – Black History Program, Mt. Calvary, Taylor, TX**  
Service will begin @ 3:00 pm. Pastor "O" will be the keynote speaker.
- ✓ **March 2<sup>nd</sup> & March 9<sup>th</sup> – Women Chorus Rehearsal**  
Rehearsal will be held from 7:00 pm – 8:30 pm..
- ✓ **Saturday, March 6<sup>th</sup> – Explore UT**  
10:00 am – 2:00 pm.
- ✓ **Saturday, March 13<sup>th</sup> – Mission II & Jr. Mission Workshop**  
The workshop will be held from 9:00 am – 12:30 pm.
- ✓ **Sunday, March 14<sup>th</sup> – HBCU Road Trip to Alabama**
- ✓ **Sunday, March 14<sup>th</sup> – Women's Day**  
Sharon Walker of the 19 Street Baptist Church will be the guest speaker.
- ✓ **Sunday, March 21<sup>st</sup> – Usher's Annual**  
Service will begin @ 3:30 pm.

*"Whatsoever Ye Do...Do It Heartily"*

*Colossians 3:23 - "And whatsoever ye do, do it heartily, as to the Lord, and not unto men;"*

**YOU and the SAVIOR** **CAPITAL CAMPAIGN**  
WHAT GOD IS ASKING OF US...HE WILL PROVIDE IT FOR US...HE WILL GIVE IT THROUGH US

1<sup>st</sup> Quarter  
Issue  
February –  
March 2010

# Good Hope MBC Newsletter

Michael O. Oyedokun II, Senior Pastor

## WEEKLY EVENTS

### Sunday

Sunday School – 9:30 am

Morning Worship – 11:00 am

Baptizing / Lord Supper –  
After morning worship  
(1<sup>st</sup> Sundays)

Brotherhood Breakfast –  
8:00 am (4<sup>th</sup> Sundays)

### Monday

Deacon's Meeting – 7:00 pm  
(3<sup>rd</sup> Monday)

### Tuesday

Mission Meeting – 7:00 pm  
(1<sup>st</sup> and 3<sup>rd</sup> Tuesday)

Brotherhood Mtg. – 7:00 pm  
(1<sup>st</sup> and 3<sup>rd</sup> Tuesday)

Junior Mission Mtg. – 7:00 pm  
(2<sup>nd</sup> and 4<sup>th</sup> Tuesday)

### Wednesday

Prayer Meeting – 6:30 pm

Bible Study – 7:00 pm  
(Adults and Youth)

### Thursday

Choir Rehearsal – 7:00 pm  
Men's Rehearsal – 7:00 pm  
(3<sup>rd</sup> Thursdays)

### Saturday

Youth Ministry – 1:00 pm  
(1<sup>st</sup> and 3<sup>rd</sup> Saturday)

Teacher's Mtg. – 9:00 am  
(2<sup>nd</sup> Saturday)

Usher's Mtg. – 10:00 am  
(2<sup>nd</sup> Saturday)

Marriage Ministry – 12:00 pm  
(4<sup>th</sup> Saturday)



## From the pen of the Pastor...



Greetings in the name of our Lord and Savior Jesus Christ, Greetings and God bless you to all of the Family and Friends of Good Hope.

I am so excited about the start of 2010. God has been good to the Good Hope family and I am truly thankful unto Him for what He has given unto us. This year's theme is "Whatsoever ye do, do it Heartily." (Colossians 3:23) I encourage each one of us to strive to give our heart, soul and mind unto the Lord and not unto man. God has been too good to us to give less than our best in service. We are off to a great start and as we continue to move throughout this year I am encouraging us to embrace the blessings that God has in store for us and to prepare ourselves for spiritual and physical growth.

I have strived to meet with every ministry to give our expectations for this year. I encourage everyone to find a place to work, find a place serve and find a place to fit in. We have a great challenge ahead of us as we strive to do God's will and follow His direction. In obedience to His will we are preparing ourselves to make some changes within the church structure and worship experience. On the first Sunday in August 2010 we will add an Early Morning Worship service. This service will begin at 8:00 am and last until 9:30 am. Sunday school will follow immediately after that service and then we will conduct our traditional 11:00 am morning worship service. God has given us this direction and although there may not be an immediate need we are being obedient to what God is asking.

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I am asking each ministry, committee, leader and member to embrace this change and work towards making this transition a success. God will bless us and give us the resources we need to carry out this endeavor. More information will come forth concern this change but I want your hearts and minds ready to embrace this change.

As we continue to work on our building project I want you to know that we are still actively gathering information concerning our current property and also gathering information on alternative property in the Round Rock area. Now that we have gathered information about the plans to expand on the current property we want to gather information on other property to determine what is best for the future of Good Hope. We will continue to be prayerful and look for God's direction in this effort.

Continue to pray for the Good Hope family and we thank each of you for all that you do for the Oyedokun family. We thank you for your prayers, cards, donations and assistance. We are truly grateful and blessed to be a part of the Good Hope family. Get ready, get ready, get ready...God is preparing us for GREAT things. I love you all.

Pastor "O"

**Good Hope**  
Missionary Baptist Church  
"Having a heart like Jesus..." Phil. 2:3

## 2010 MINISTRY LEADERS

Senior Pastor – Pastor Michael Oyedokun II

Trustees – Don Day, Connie Brooks, Brenda Banks, Lawrence Tisdale, Eddie Edwards

Men's Ministry – Dea. Don Day

Choir Council – Cassandra Edwards, Kaniesha Bell, Betty Gibson, Connie Brooks, David King, James Brooks, Evelyn Robinson

Mission – Sis. Harriet Dixon

Usher Board – Sis. Jennifer Thomas

Youth Pastor – Min. Dewey Allen

Youth Directors – Charmange Speaks, Amanda Day

Sunday School Superintendent – Sis. Sharon Jacobs

Senior's Ministry – Dea. Robert Rollins

Marriage Ministry – Pastor & Sis. Oyedokun

Jr. Mission – Shantell Holly

Financial Officer – Bro. Juan Haney

Financial Secretary – Sis. Faye King

Asst. Financial Secretary – Sis. Vistella McKee

Scholarship Committee – Sis. Sharon Haney

Church Clerk – Sis. Vistella McKee

Asst. Church Clerk – Sis. Ruth Wilson

Hospitality Committee – Sis. Tamika Vaughn

Kitchen Coordinator – Bro. James Brooks

Church Historian – Sis. Connie Brooks

Church Janitor – Dea. Pete Anderson.

Van Ministry – Dea. Don Day, Bro. Juan Haney, Dea. Ernest Holly, Dea. Ronnie Dixon

Audio/Visual Ministry – Dea. Jo Ray Vaughn

## Junior Mission

### Purpose:

We are to stand as a strong body of young women while ministering and providing the courage to all women in the way of the Lord. Holding our substance in the Word of God and maintaining the faith and commitment to our Lord, ourselves and to others.

### Mission/Vision:

Our mission is to edify our commitment to Jesus as Lord and our commitment to Christ's body in the community by going among the people teaching, motivating, stimulating thought, and through personal contact in the name of the Father, the Son and the Holy Spirit.

### Goals for 2010:

- Meet & Greet
- Visit nursing homes (once a month)
- Mentor young ladies at the church
- Get more involved in community service
- Visit Battered Women's Shelter
- Visit Children's Hospital
- Host Talent Show or Talent Showcase
- Host "Take it to the Streets"
- Participate in the Foreign Ministry

WE CORDINALLY INVITE YOU TO BECOME A PART OF JUNIOR MISSION

WHEN: 2<sup>ND</sup> AND 4<sup>TH</sup> TUESDAYS

@ 7:00PM-8:00PM

WHERE: THE HOPE

WHY: IT'S A GIVEN OPPORTUNITY TO BE APART OF A "NEWLY FOUND"

BUT "GROWING" MINISTRY HERE AT "THE HOPE".

WHO: ALL YOUNG WOMEN BETWEEN 18-35(ish)

CONTACT SHANTELL HOLLY @ 512-536-0520 OR

SHANTELL.HOLLY@FARMERSINSURANCE.COM

FOR ANY ADDITIONAL INFORMATION

Submitted By: The Junior Mission

President: Sis. Shantell Holly

## Self Diabetes Screening

Are you overweight? Do you exercise? Do you have high blood pressure or relatives who have diabetes? Are you male or female?

Researchers have developed a simple, six-question screening test designed to help you determine whether you might be one of many millions of Americans who have diabetes or prediabetes but don't know it.

The questionnaire is published in the Dec. 1 issue of Annals of Internal Medicine. It asks about your age, gender, health history, and lifestyle and then assigns points based on your answers. The total score (out of a possible maximum of 10) determines your risk of having diabetes.

There's no complex math involved, and your honest answers could save or prolong your life or help you head off serious problems caused by the disease. You don't have to be a rocket scientist to complete it, and there are online tools to help if you need them.

### Here are some questions from the test, and an explanation of the scoring:

- How old are you? There are four categories: less than 40, 40 to 49, 50 to 59, and 60 or older. For example, if you're less than 40, your score is zero, but if you're 60 or older, you get a 3.
- Are you a woman or a man? If you're a female, give yourself another zero, but if you're a male, put yourself down for 1 point. Men are more likely than women to develop diabetes.
- Do your family members (parents or siblings) have diabetes? If so, give yourself 1 point.
- Do you have high blood pressure or are you on medication for high blood pressure? If so, give yourself 1 point.
- Are you overweight or obese? If your body mass index (BMI) is under 25, you're OK, so just jot down a zero. If the number is 25.9 to 30, you're overweight, so give yourself 1 point. If it's over 30, you're obese, so jot down 3 points.
- Are you physically active? If your answer is no, give yourself a zero, but if it's yes, subtract 1 point from the total.

### So let's do the math. Let's say:

- You're 62. Give yourself 3 points.
- You're a man. Give yourself another point.
- You have no parents or siblings with diabetes. Jot down a zero.
- You don't have high blood pressure and you're not on high blood pressure medication. Jot down a zero.
- You're 6 feet 1 inch or 74 inches tall, and weigh 185 pounds. That produces a BMI of 24.4. Jot down a zero.
- You are physically active, which gives you the right to subtract 1 point from the total.

In this example, the score is 3.

This means you're at low risk for undiagnosed diabetes or prediabetes. A 4 or greater would have placed you in the high-risk category for the conditions, and a 5 or greater means you're at high risk for undiagnosed diabetes.

## Good Hope Crossword Puzzle



### ACROSS

- 18 But he took \_\_\_ of their distress when he heard their cry (Ps 106:44)
- 5 The centurion found an Alexandrian ship sailing for \_\_\_ (Acts 27:6)
- 10 one of the minor Old Testament prophets
- 14 You will rule them with an \_\_\_ scepter (Ps 2:9)
- 15 may be established by the testimony of two or \_\_\_ witnesses (Matt 18:16)
- 16 merchants and sellers of all kind of \_\_\_ lodged (Neh 13:20) KJV
- 17 The Lord needs it and will \_\_\_ it back here shortly (Mark 11:3)
- 18 his enemy came and sowed \_\_\_ among the wheat (Matt 13:25)
- 19 Fall on us and \_\_\_ us from the face of him who sits (Rev 6:16)
- 20 worship God acceptably with reverence and \_\_\_ (Heb 12:28)
- 21 so that it will be like a \_\_\_ swaying in the water (1 Kings 14:15)
- 22 But the day Lot left \_\_\_, fire and sulfur rained down (Luke 17:29)
- 23 Like \_\_\_ babies, crave pure spiritual milk (1 Peter 2:2)
- 25 they consult a wooden \_\_\_ and are answered by a stick (Hos 4:12)
- 27 grandfather of David (1 Chron 2:12)
- 28 because he was of the house and \_\_\_ of David (Luke 2:4) KJV
- 32 His face \_\_\_ like the sun, and his clothes became as white (Matt 17:2)
- 35 to the \_\_\_ afar off, that have not heard my fame (Isa 66:19) KJV
- 37 If any one of you is without \_\_\_, let him be the first to throw (John 8:7)
- 38 and authority to drive out all demons and to \_\_\_ diseases (Luke 9:1-2)
- 40 the wicked \_\_\_ their bows; they set their arrows (Ps 11:2)
- 41 Ask him. He is of \_\_\_; he will speak for himself (John 9:21)
- 42 Summon your \_\_\_, O God; show us your strength (Ps 68:28)
- 45 street of the city was of pure gold, like transparent \_\_\_ (Rev 21:21)
- 46 anything in heaven above or on the earth \_\_\_ (Ex 20:4)
- 48 brother of Jacob (Gen 25:25-26)
- 50 "You \_\_\_ were with Jesus of Galilee," she said (Matt 26:69)
- 51 Saul spent \_\_\_ days with the disciples in Damascus (Acts 9:19)
- 55 letting your cattle and donkeys \_\_\_ free (Isa 32:20)
- 58 go to the lake and throw out your \_\_\_. Take the first fish (Matt 17:27)
- 59 The sons of Benjamin: Gera, Naaman, \_\_\_, Rosh (Gen 46:21)
- 60 Now \_\_\_ kept flocks, and Cain worked the soil (Gen 4:2)
- 61 the fine linen, and the \_\_\_, and the veils. (Isa 3:23) KJV
- 63 The angel answered, "The Holy Spirit will come \_\_\_ you (Luke 1:35)
- 64 So Moses brought their \_\_\_ before the LORD (Num 27:5)
- 65 and do good; let him seek peace, and \_\_\_ it (1 Peter 3:11) KJV
- 66 sold your people for a pittance, gaining nothing from their \_\_\_ (Ps 44:12)
- 67 Those who practice magic \_\_\_, the idolaters and all liars (Rev 21:8)
- 68 the hollow of his hand, and \_\_\_ out heaven with the span (Isa 40:12) KJV
- 69 The \_\_\_ of the LORD are on the righteous (Ps 34:15)

### DOWN

- 1 In the month of \_\_\_ in the twentieth year of King Artaxerxes (Neh 2:1)
- 2 whether it be cow \_\_\_, ye shall not kill it and (2,3) (Lev 22:28) KJV
- 3 their wives to other men and their fields \_\_\_ owners (2,3) (Jer 8:10)
- 4 but he who stands firm to the \_\_\_ will be saved (Matt 24:13)
- 5 no power over me if \_\_\_ not given to you (2,4) (John 19:11)
- 6 and does my will to \_\_\_, \_\_\_ will give authority (3,3,1) (Rev 2:26)
- 7 there before me was a man riding \_\_\_ horse (1,3)(Zech 1:8)
- 8 You will go out in joy and be \_\_\_ forth in peace (Isa 55:12)
- 9 "\_\_\_, Lord," she told him, "I believe that you are the Christ (John 11:27)
- 10 may redeem it within \_\_\_ year after it is sold (1,5) (Lev 25:29) KJV
- 11 as the eyes of a \_\_\_ look to the hand of her mistress (Ps 123:2)
- 12 did I do it lightly? \_\_\_ I make my plans in a (2,2) (2 Cor 1:17)
- 13 Your beginnings will \_\_\_ humble, so prosperous will your (Job 8:7)
- 21 a large crown of gold and a purple \_\_\_ of fine linen (Est 8:15)
- 22 On that very day Noah and his \_\_\_, Shem, Ham and Japheth (Gen 7:13)
- 24 This is now \_\_\_ of my bones and flesh of my flesh (Gen 2:23)
- 25 Indeed he was \_\_\_, and almost died (Phil 2:27)
- 26 While we were still sinners, Christ \_\_\_ for us (Rom 5:8)
- 29 was what looked like \_\_\_ of glass, clear as crystal (1,3) (Rev 4:6)
- 30 a net by the wayside; they have set \_\_\_ for me (Ps 140:5) KJV
- 31 God will bless us, and all the \_\_\_ of the earth will fear him (Ps 67:7)
- 32 in the skin of his flesh a rising, a \_\_\_, or a bright spot (Lev 13:2) KJV
- 33 From the sky \_\_\_ hailstones of about a hundred pounds each (Rev 16:21)
- 34 son of Jerahmeel (1 Chron 2:25)
- 36 Come and \_\_\_ what God has done (Ps 66:5)
- 39 There we sat around \_\_\_ of meat and ate all the food (Ex 16:3)
- 40 Make a curtain of \_\_\_, purple and scarlet yarn (Ex 26:31)
- 42 there before me was a \_\_\_ horse! Its rider was named Death (Rev 6:8)
- 43 Blessed are those \_\_\_ hunger and thirst for righteousness (Matt 5:6)
- 44 That the \_\_\_ of men might seek after the Lord (Acts 15:17) KJV
- 45 Then he took the cup, \_\_\_ thanks and offered it to them (Matt 26:27), \_\_\_ is answerable to the (Matt 5:22)
- 56 badgers' skins, and shall put them on \_\_\_ (1,3) (Num 4:12) KJV
- 57 The owl will \_\_\_ there and lay eggs, she will hatch them (Isa 34:15)
- 58 My people have been \_\_\_ sheep; their shepherds have (Jer 50:6)
- 61 pomegranates are to alternate around the \_\_\_ of the robe (Ex 28:34)
- 62 No \_\_\_ knows about that day or hour (Matt 24:36)
- 63 Do not \_\_\_ dishonest standards when measuring length (Lev 19:35)

## GHMBC NEWSLETTER Got an article?

Got an article? Well if so we want it. We are accepting any articles for the GHMBC Newsletter. We ask that all articles be submitted to dsk004us@gmail.com. Please contact Bro. David S. King for more information

## Senior Citizens (Seasoned Saints) Senior Ministry Purpose

As Elders, we serve the Lord by conducting the Caring Ministry of the Church; visiting the sick, being alert to the spiritual needs of the congregation, promoting unity within the church, and facilitating the spread of the gospel of Jesus Christ.

Dea. Robert E. Rollins

## SUNDAY SCHOOL Come Join Us

Come join us every Sunday morning as we explore and learn God's word together. There are Sunday School Lessons for both Adults and Youth every Sunday mornin at 9:30 am. Sunday School last only an hour and we have a wonderful time as we preapre for our morning worship service.

Please visit us at [www.ghmbc.com](http://www.ghmbc.com) for more information.